

# Health and Wellbeing Board



Date of meeting:	12 March 2026
Title of Report:	<b>Men and Boys' Health</b>
Lead Member:	Councillor Mary Aspinall (Cabinet Member for Health and Adult Social Care)
Lead Strategic Director:	Professor Steve Maddern (Director of Public Health)
Author:	Sian Reece
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Your Reference:	N/A
Key Decision:	No
Confidentiality:	Part I - Official

## Purpose of Report

The purpose of the report is to provide a briefing on England's new Men and Boys' Health Strategy, show how Plymouth's current work and outcomes compare to its aims, and propose focused next steps for local action on men and boys health and inequalities.

## Recommendations and Reasons

1. That the Health and Wellbeing Board review and comment on the Men and Boys' Health Paper.
2. That the Health and Wellbeing Board endorse the proposed next steps for local action on men and boys health and inequalities.

## Alternative options considered and rejected

1. Not Consider the report – Rejected: This report stems from a request from the Board.

## Relevance to the Corporate Plan and/or the Plymouth Plan

The Men and Boys' Health Strategy directly supports the Council's corporate priority to work with the NHS to improve access to healthcare and dentistry. It also aligns with key elements of the Plymouth Plan 'A Healthy City', specifically:

- **HEA1:** Reducing health inequalities
- **HEA2:** Improving outcomes for children and families
- **HEA3:** Supporting adults with health and social care needs
- **HEA9:** Ensuring accessible, high quality health services

## Implications for the Medium Term Financial Plan and Resource Implications:

There are no medium-term financial plan and resource implications. For information only.

## Financial Risks

There are no financial risks. For information only.

**Legal Implications**

There are no legal implications. For information only.

**Carbon Footprint (Environmental) Implications:**

There are no carbon footprint or environmental implications. For information only.

**Other Implications: e.g. Health and Safety, Risk Management, Child Poverty:**

There are no other implications. For information only.

**Appendices**

Ref.	Title of Appendix	Exemption Paragraph Number (if applicable) <i>If some/all of the information is confidential, you must indicate why it is not for publication by virtue of Part 1 of Schedule 1 of the Local Government Act 1972 by ticking the relevant box.</i>						
		1	2	3	4	5	6	7
A	Men and Boys' Health Briefing	X						

**Background papers:**

Title of any background paper(s)	Exemption Paragraph Number (if applicable) <i>If some/all of the information is confidential, you must indicate why it is not for publication by virtue of Part 1 of Schedule 12A of the Local Government Act 1972 by ticking the relevant box.</i>						
	1	2	3	4	5	6	7

**Sign off:**

Fin	N/A	Leg	N/A	Mon Off	N/A	HR	N/A	Asset s	N/A	Strat Proc	N/A
Originating Senior Leadership Team member: Professor Steve Maddern											
Please confirm the Strategic Director(s) has agreed the report? Yes Date agreed: 25/02/2026											
Cabinet Member approval: Cllr Mary Aspinall, signed by email Date approved: 02/03/2026											